



Upcoming Events

General Meeting - Fun Night June 5 Minnow Lake Legion 5:30 pm

Executive Meeting June 17 Hilton Garden Inn 6:00 pm

President's Report

Connie Zwarich

We celebrated our 80th Anniversary on May 11th at the Hellenic Centre. What a party! Over 80 guests enjoyed an evening of awards, fantastic food, and super entertainment. We had members from Thunder Bay, North Bay and Sault Ste Marie join us. It was wonderful to connect with friends we have not seen in awhile and for some of us newer members make new friends.

Service pins were given out. As a tribute to our longevity, we were able to give 50-year pins to members John Varney, Gil Charette, and Richard Bazinet. John Nelson received his 60-year pin. Amazing!

Member of the Year was presented to Theresa MacLean

Volunteer of the Year went to Jerry Giff

Don Delongchamp received Roses for The Living Award.

June 5th is our Fun Night at the Minnow Lake legion. This is a social night. Rain or shine there will be games to play. Outside weather and bugs permitting, corn hole, disc golf, bocci. Inside there will be mini putt and darts. Darts will be played with a little different format that will allow more people to play. There will also be opportunities to play cards – crib and euchre.

Hamburgers, potato salad, garden salad and of course cake will be served. Cost is \$20. You will be receiving a call from Stephanie or Theresa or you can call me 705 969 8496. We will need numbers by June1st. This will ensure we have enough food for everyone.

Please come out and join in the fun.

Don Delongchamp, Connie Zwarich, Loretta Carnes, Dave Carnes, Doug Honeyford, and Jerry Giff are off to Edmonton for the Regional Convention. Don will be moving up to the Vice President position and Connie will be coming off the executive. There is bound to be lots of information coming out of this convention which we will share with members in September.

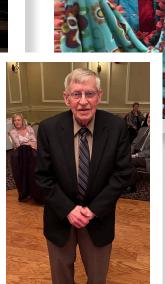
In June, 4 members will travel to Thunder Bay to join in that Council's 90th Anniversary.

With the Northbury changing ownership we won't be able to hold our meetings there. The executive is on the hunt for a new venue for our General Meetings. We will keep you posted. Feel free to pass along any ideas.

Stay safe and we look forward to meeting with you again in September.



50 Year Members Richard Bazinet, John Varney, Gil Charette



Dale Hartley and Gil Hartley presenting Julie Aubin of the Hospice with Hug from a Friend blankets



Connie Zwarich presenting Jerry Giff with Volunteer of the Year



John Nelson 60 Year Member

Don Delongchamp presenting Therese MacLean with Member of the Year



Decorator Extraordinaire Shirley Giff

Last call for Scholarships Scholarship

Tracey Urso

Our council offers two \$1000 Entrance Scholarships to dependents of paid-up members.

Applicant Eligibility: This bursary is for the first year of post secondary education only. Applicants AGE must be 25 or less as of September 1 in the year of Term of Enrolment above. Applicant must be a dependant of a paid-up Sudbury member in good standing for over one year.

Applications may be downloaded from our website: www.uctsudbury.ca

Applications must be submitted by July 15, 2024. For more information contact Tracey Urso at atmurso@ hotmail.com

Membership

To pay your membership dues, you can send a cheque or money order payable to:

A.C.T./UCT Dominion Regional Council 86 Livingston Close, Red Deer Alberta, T4R 0S8

OR

You can send via e-Transfer to

actuct31treasurer@gmail.com

Please renew your membership when it comes due. It is not too late if you have missed your renewal date.

Golf

Our golf tournament is August 17th at Forest Ridge Golf Course. We are looking for teams, prizes and hole sponsors. If you can help us out with any of these things contact Don Delongchamp 705 690 1811 More information will be coming shortly.



June Birthdays



Jun 02	WEBSTER, PETER A	Jun 12	HONEYFORD, DOUGLAS G
Jun 06	ST LOUIS, ALAIN J	Jun 13	JANISSE, MICHAEL F
Jun 07	CROUSE, JULIE	Jun 13	NADEAU, LUCILLE
Jun 08	CLIPPERTON CARNES, LORETTA	Jun 20	FORTIN, CHANTALLE
Jun 09	CAZABON, BRUCE	Jun 22	ERICKSON, EMMA R
Jun 09	COMACCHIO, DANA	Jun 23	BRIGGS, MONTGOMERY G
Jun 09	HONEYFORD, GRACE	Jun 25	FOWKE, KEVIN G
Jun 11	GREGORY, PETER F.	Jun 27	SCOTT, JOHN F

Humour

An exercise for people who are out of shape: Begin with a five-pound potato bag in each hand. Extend your arms straight out from your sides, hold them there for a full minute, and then relax. After a few weeks, move up to ten-pound potato bags. Then try 50-pound potato bags, and eventually try to get to where you can lift a 100-pound potato bag in each hand and hold your arms straight for more than a full minute. Once you feel

confident at that level, put a potato in each bag.

My mother was hard of hearing and wore a hearing aid that she removed at bedtime. My dad would wait till she had put it on her nightstand and say, "Do you want to go to sleep or what?" Not being able to hear, she would inevitably respond with "What?" And that, my dad joked to me on numerous occasions, is the explanation for why I come from a very large family.

When I was 12, my father told me a terrible story that had happened at the gas station that day. "I was pumping gas when I noticed this small dog licking up a puddle of gasoline off the ground," he said. "All of a sudden, the poor thing started running around the car as fast as he could. He kept running and running until he finally just dropped to the ground right in front of me." I gasped, "Oh no. Was he dead?" Dad shook his head. "No, he just ran out of gas." Dad was quite pleased with himself over that one.

General Meeting

Usually the first Wednesday of EACH month

Monthly Executive Meeting

Usually the third Monday of EACH month

Sudbury Office

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UCT North America

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2023-2024 LOCAL OFFICERS

PRESIDENT

Connie Zwarich

969-8496

PAST PRESIDENT

Don Delongchamp

690-1811

VICE PRESIDENT

Don MacDonell 691-5446

SECRETARY

Theresa MacLean 673-2015

TREASURER

Dave Carnes 222-0369

CHAPLAIN

Tracey Urso 560-6681

DIRECTORS

Doug Honeyford

Home 688-0515 Cell 690-6890

Tracey Urso 560-6681

John Roy 674-3722

John Varney 674-1060

DIRECTORS AT LARGE

Jerry Giff 698-7502

Gil Hartley 969-5476

Wayne McCuaig 942-3338

Norm Pellerin 474-3523